

# Diabetes Education

## ORAL DRUGS

### Why do I have to take pills to control my diabetes?

Type 2 diabetes occurs because your insulin does not succeed in getting the glucose to enter the tissues or because you don't have enough insulin. There are drugs that may help to correct both problems.

Remember that diabetes is not something you notice and you have to keep on taking the pills even though you feel well.



### Each drug is different

Take the pills exactly how your doctor or nurse has told you to, otherwise they could be dangerous. Never exchange your pills with someone else or take another person's pills.

### What if the pills don't agree with me?

Some pills used to treat diabetes may occasionally cause too big a drop in blood sugar level, a condition known as hypoglycaemia. The most common symptoms are blurred vision, shivering, sweating, dizziness, hunger, headache, palpitations and confusion (you don't know where you are or what you're doing). If you notice any of these things and you can't take finger-prick test at that time, take some sugar and go to see the doctor or nurse.

If you think certain pills don't agree with you or you notice something strange, ask your doctor or nurse about it, but don't stop taking the pills without asking first.

### I have to take such a lot of pills...

Depending on how your diabetes evolves, you may have to take quite a lot of pills every day. Don't stop taking them without consulting your doctor or nurse first.

